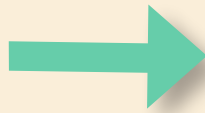


How to use CareNav™

1 Create an account



2 Complete the **Care Review intake questionnaire**



3 **Immediately receive curated resources** for your unique caregiving situation



4 If you indicated you'd like to be connected with a resource, a **CRC Family Consultant will contact you**



5 Complete a comprehensive **Care Evaluation assessment**



6 Receive **Caregiver Action Plan** and other relevant documents

7 Utilize the suggested **resources, attend recommended events, and/or** connect with your Family Consultant to navigate your **Caregiver Action Plan**

8 **Family Consultants** are available for questions or additional resources, and will **check in for a reassessment after 6 months**